

Second Baptist

Church

1717 Benson Avenue Evanston, Illinois 60201

Reverend Dr. Michael C. R. Nabors Pastor

Official Newsletter

Vision

A Beacon of Light: A Christ-centered Church celebrating faith, freedom, fellowship, stewardship and the social responsibility of caring for souls.

Mission

The Spirit of the Lord has anointed us to care for souls; experience the joy of celebrating God's goodness; and work collaboratively to accomplish much to the glory of God.

2022 Theme

...I saw the Lord, high and exalted, seated on a throne...Above him were seraphim...And they were calling to one another: "Holy, holy, holy is the LORD Almighty; the whole earth is full of his glory..."Woe to me!" I am ruined! For I am a man of unclean lips, and I live among a people of unclean lips, and my eyes have seen the King, the LORD Almighty."...Then I heard the voice of the Lord saying, "Whom shall I send? And who will go for us?" And I said, "Here am I. Send me!"...He said, "Go and tell this people...Then I said, "For how long, Lord?" (Isaiah 6: 1-11)

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Why Say "Happy New Year in 2022"?

by Pastor Michael C. R. Nabors



In the African American religious tradition, the customary greeting on the first Sunday of January has always been, "Happy New Year." The post glow season of Advent and Christmas has abated. The euphoria and exultation of New Year's celebration has ended. Watch Night Service in the best of the Black worship tradition has come and gone. And we greet each other on the first Sunday with the saying "Happy New Year". Except, the first Sundays in 2021 and 2022 have not been so exceptional or filled with euphoria or exultation. Uncertainty has abounded and filled the atmosphere with

a real sense of foreboding that looms among us.

At the beginning of this last year Second Baptist, we were in the deep throes of COVID-19. When the year began, we were fully engaged in Livestream service with no sign that in-person worship would be starting. The trajectory was filled with reports of ensuing sickness and death as the cold weather caused people to remain inside. The death toll mounted as we all looked on in utter disbelief. People were dying in numbers that were shocking. Soon enough as the year unfolded, the coronavirus found its way into our own concentric orb of family and friends. We read and listened to the stories of churches being inundated with COVID, clergy members were dying (from bishops and prelates to local pastors), nursing homes were decimated, hospitals were stretched to the limit, schools closed from colleges and universities to public schools and pre-care centers. The hope of respite brought on by the summer months was a lifeline to so many. We gathered four times for outdoor worship and the joy of fellowship, even with social distancing and masks, was an incredible blessing.

Today begins a new year, 2022. The pandemic remains and has added variants in Delta and Omicron. The United States Centers for Disease Control estimates that up to 500,000 Americans will soon be getting infected with the virus...per day. Hospitals are once again being stretched with front line workers, doctors, nurses and staff, all bordering on fatigue. Dr. Fauci and others have shared that the death rate will not be as high because so many Americans have been vaccinated (61%), but serious illness has still reached all age ranges, including children. In addition, the remaining Americans who are not vaccinated (millions of people), if infected, will become seriously ill and many of them will die.

So, with all of this in mind, I am just wondering if you are thinking what I am thinking. What's so happy...about this new year? As of this writing on Thursday, December 30th, uncertainty abounds. Northwestern has ordered distance learning until otherwise notified. DePaul has followed suit, allowing students to return to campus, but to "attend" class from their rooms. There is no word yet about Evanston Township High School or District 65. So far D202 and D65 classes are set to resume January 10. Last week, I sent an email to Mr. Ike Igbo, Director of the city's Health and Human Services department, inquiring about any updates for houses of worship. Ike shared that houses of worship, like other businesses and/or restaurants, were to follow the safety protocols - asking all people for proof of vaccination, face masks, social distancing, included. We will be able to continue with our hybrid form of worship service, keeping in mind that the great majority of our members and visitors will be looking on through Livestream. At present, this is the reality of our new year.

This is not devastating news for us, Second Baptist. More than ever, I believe

ORDER OF WORSHIP

9:30 A.M.

https://live.secondbaptistevanston.org



PRAISE AND WORSHIP

CALL TO WORSHIP / INVOCATION — Minister Sharon Weeks

HYMN OF CELEBRATION — "Solid Rock"

MUSICAL CELEBRATION

COMMUNITY PRAYER — Minister Jackie Frazier

CHURCH ANNOUNCEMENTS — Minister Pamela Little

PASTOR'S REMARKS — Reverend Dr. Michael C. R. Nabors

STEWARDSHIP MESSAGE — Minister Lauren Davis

OFFERTORY

PRAYER OF THANKSGIVING — Minister Davis

SCRIPTURE — Reverend Dr. Michael James Isaiah 6:1-8

MUSICAL CELEBRATION

SERMON — Pastor Nabors "Called for Such a Time as This"

INVITATION TO DISCIPLESHIP — Pastor Nabors

HOLY COMMUNION — All Believers

BENEDICTION — Pastor Nabors

DOXOLOGY

Praise God, from Whom all blessings flow; Praise Him, all creatures here below; Praise Him above, ye heav'nly host; Praise Father, Son, and Holy Ghost. Amen.

IN THE GREAT PHYSICIAN'S CARE

Please remember our Sick and Shut-in in your daily prayers.

HOME

Deaconess Lun Ye Crim Barefield

Joan Glover

Annette Gordon

Barbara Harvell

Margaret Massey

Toussaint Massey, Jr.

Eleanor Roberts

NURSING HOMES/ REHAB CENTERS

Alden Lakeland

Paul Williams

The Grove Dellean Houston

Highland Health Care Center Mildred Moore

> **Peterson Park Health Care Center**

Reverend Milton Clark

January 2022 Sermon Titles

January 2

Called for Such a Time as This Isaiah 6:1-8

January 9

The Work We are Called to Do Isaiah 6: 9-10

January 16

When Times Get Tough, Really Tough Isaiah 6: 11-13

January 23

Isaiah 42 1-9 The God of Justice

January 30

A Brand New Me 2 Corinthians 5: 11-17

"Why Say "Happy New Year in 2022?" (Continues from page 2)

that our faith allows us to adapt, shift, modify, alter and change according to what is happening around us. In fact, we were able to have stellar years in 2020 and 2021 despite the luminous and brooding presence of a global health pandemic. God kept us going by placing the right people in the right places at the right time. Under the leadership of Deacon Craig and Trustee Vickie, our church officers were nothing less than amazing. Rev. Eddie, Deacon Karen, Reverend Clark, our ensemble, and others, held us together. Rather than having our typical four joint board meetings per year, we found ourselves on Zoom once a week, sharing updates and offering information on behalf of our faith community and the Evanston/Metro Chicago community at large. Though the church building was relatively empty for most of the year, we did major work on roof replacement and repair to pipes to stop the flooding in the basement after heavy rains. We had the sanctuary painted. All of this was done with the expectation that we would return to in-person worship. And we did just that one month ago!

Again, we adapted, shifted, modified, altered, and changed according to the new reality we faced. All of this reminds me of the late Archbishop Desmond Tutu. Born in 1931 to a mixed family of Xhosa and Motswana, he studied theology at King's College London and was ordained an Anglican priest. A second master's degree was on Islam in West Africa. He returned to South Africa where he taught at seminaries and colleges before becoming Dean at St. Mary's Cathedral in Johannesburg. He became a Bishop in 1985 and Archbishop in 1986.

But that is not all. Archbishop Tutu became a fierce advocate for gay rights, spoke out in support of Palestinians, opposed the Iraqi War, and later chaired the Peace and Reconciliation Commission in President Mandela's administration. All of this and more, would earn him a Nobel Peace Prize. But I submit, that prize came because Archbishop Desmond Tutu personified the Christian faith's ability to "shift". Born poor with limited options and questionable future, he shifted. His anger as a young man against apartheid and white South Africans shifted as he went to college and seminary. His theological growth and development within the Anglican Church shifted as he returned to South Africa and became immersed in the life of his people. His adamant opposition to apartheid and all forms of discrimination was legendary. He crushed systems with words, and yet, he picked up those who were crushed with a helping hand and warm smile. Jesus be a fence!

When I shook his hand at the United Nations in New York almost 38 years ago, I had no idea of the legend who was before me. I simply thought he was the famous Bishop Tutu. No, no. He was a legend who refused to be called a legend. He changed a nation but refused to receive any accolades for doing so. He became leader of the Peace and Reconciliation Commission at a time when the majority of Black South Africans were prepared to oust all whites and at a time when all white South Africans were frightened to death. In all of that, he worked and prayed, planned and prayed, strategized and prayed, until a brand-new South Africa, under Black leadership and power, was unveiled to the world.

So, when I think about our challenges in this new year, any overt concern or worry is simply nullified when I think of how God blessed the Bishop to bless his people, to bless his nation, to bless the world. And I just believe that in 2022, the same God, who did so much with one magnificent and blessed brother, will do the same for a peculiar but faithful people down in a little hamlet named Evanston by a Lake called Michigan for a region called Metro Chicago, in a state called Illinois and a nation we know as the United States of America.

Therefore, I proclaim on this first Sunday to all who read these words, "May you have a Happy New Year." And may that happiness include the certain fact that we have been anointed for restoration and renewal in 2022. May that happiness be buffeted by the resilient and persistent belief that the spirit of the Lord is here. May that happiness grant us the wisdom to pray, the strength to work, the humility to credit others, the heart to love everyone and the vision to see that our best days are not behind us. They are just ahead.

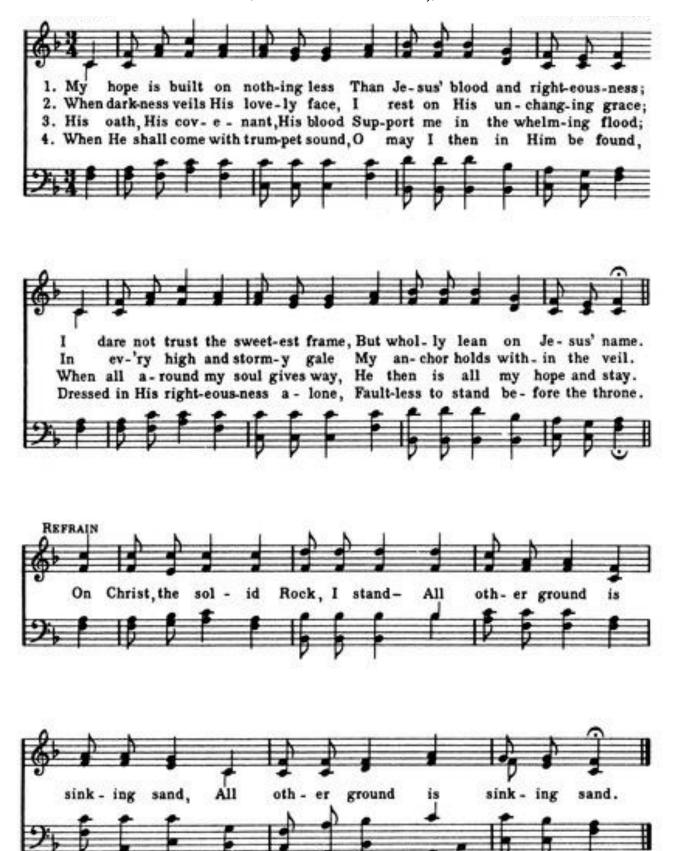
That is why I say, "Happy New Year in 2022."

Africant CK Malon

HYMN OF CELEBRATION

"Solid Rock"

(Edward Mote, William B. Bradbury)



WHO IS DESMOND TUTU?

Nobel Peace Prize award-winner Desmond Tutu was a renowned South African Anglican cleric known for his staunch opposition to the policies of apartheid.

Who Was Desmond Tutu?

Desmond Tutu established a career in education before turning to theology, ultimately becoming one of the world's most prominent spiritual leaders. In 1978, Tutu was appointed the general secretary of his country's Council of Churches and became a leading spokesperson for the rights of Black South Africans. During the 1980s, he played an almost unrivaled role in drawing national and international attention to the iniquities of apartheid, and in 1984, he won the Nobel Peace Prize for his efforts. He later chaired the Truth and Reconciliation Commission and has continued to draw attention to a number of social justice issues over the years.

Early Life and Education

Desmond Mpilo Tutu was born on October 7, 1931, in Klerksdorp, South Africa. His father was an elementary school principal and his mother worked cooking and cleaning at a school for the blind. The South Africa of Tutu's youth was rigidly segregated, with Black Africans denied the right to vote and forced to live in specific areas. Although as a child Tutu understood that he was treated worse than white children based on nothing other than the color of his skin, he resolved to make the best of the situation and still managed a happy childhood.

"We knew, yes, we were deprived," he later recalled in an Academy of Achievement interview. "It wasn't the same thing for white kids, but it was as full a life as you could make it. We made toys for ourselves with wires, making cars, and you really were exploding with joy!" Tutu recalled one day when he was out walking with his mother when a white man, a priest named Trevor Huddleston, tipped his hat to her — the first time he had ever seen a white man pay this respect to a Black woman. The incident made a profound impression on Tutu, teaching him that he need not accept discrimination and that religion could be a powerful tool for advocating racial equality.

Tutu was a bright and curious child with a passion for reading. He especially loved reading comic strips as well as *Aesop's Fables* and the plays of William Shakespeare. His family eventually moved to Johannesburg, and it was during Tutu's teen years that he contracted tuberculosis, spending a year and a half at a sanatorium to recuperate. The experience inspired his ambition to become a medical doctor and find a cure for the disease. Tutu attended Johannesburg Bantu High School, a grossly underfunded all-Black school where he nevertheless excelled academically. "...many of the people who taught us were very dedicated and they inspired you to want to emulate them and really to become all that you could become," Tutu remembered when speaking to the Academy of Achievement. "They gave you the impression that, in fact, yeah, the sky is the limit. You can, even with all of the obstacles that are placed in your way, you can reach out to the stars."

Tutu graduated from high school in 1950, and although he had been accepted into medical school, his family could not afford the expensive tuition. Instead, he accepted a scholarship to study education at Pretoria Bantu Normal College and graduated with his teacher's certificate in 1953. He then continued on to receive a bachelor's degree from the University of South Africa in 1954. Upon graduation, Tutu returned to his high school alma mater to teach English and history. "...I tried to be what my teachers had been to me to these kids," he said, "seeking to instill in them a pride, a pride in themselves. A pride in what they were doing. A pride that said they may define you as so and so. You aren't that. Make sure you prove them wrong by becoming what the potential in you says you can become."

Fighting Apartheid

Tutu became increasingly frustrated with the racism corrupting all aspects of South African life under apartheid. In 1948, the National Party won control of the government and codified the nation's long-present segregation and inequality into the official, rigid policy of apartheid. In 1953, the government passed the Bantu Education Act, a law that lowered the standards of education for Black South Africans to ensure that they only learned what was necessary for a life of servitude. The government spent one-tenth as much money on the education of a Black student as on the education of a white one, and Tutu's classes were highly overcrowded. No longer willing to participate in an educational system explicitly designed to promote inequality, he quit teaching in 1957.

In 1958, Tutu enrolled at St. Peter's Theological College in Johannesburg. He was ordained as an Anglican deacon in 1960 and as a priest in 1961. In 1962, Tutu left South Africa to pursue further theological studies in London, receiving his master's of theology from King's College in 1966. He then returned from his four years abroad to teach at the Federal Theological Seminary at Alice in the Eastern Cape as well as to serve as the chaplain of the University of Fort Hare. In 1970, Tutu moved to the University of Botswana, Lesotho and Swaziland in Roma to serve as a lecturer in the department of theology. Two years later, he decided to move back to England to accept his appointment as the associate director of the Theological Education Fund of the World Council of Churches in Kent.

WHO IS DESMOND TUTU?

Tutu's rise to international prominence began when he became the first Black person to be appointed the Anglican dean of Johannesburg in 1975. It was in this position that he emerged as one of the most prominent and eloquent voices in the South African anti-apartheid movement, especially important considering that many of the movement's prominent leaders were imprisoned or in exile.

In 1976, shortly after he was appointed Bishop of Lesotho, further raising his international profile, Tutu wrote a letter to the South African prime minister warning him that a failure to quickly redress racial inequality could have dire consequences, but his letter was ignored. In 1978, Tutu was selected as the general secretary of the South African Council of Churches, again becoming the first Black citizen appointed to the position, and he continued to use his elevated position in the South African religious hierarchy to advocate for an end to apartheid. "So, I never doubted that ultimately we were going to be free, because ultimately I knew there was no way in which a lie could prevail over the truth, darkness over light, death over life," he said.

Awarded Nobel Peace Prize

In 1984, Tutu received the Nobel Peace Prize "not only as a gesture of support to him and to the South African Council of Churches of which he was a leader, but also to all individuals and groups in South Africa who, with their concern for human dignity, fraternity and democracy, incite the admiration of the world," as stated by the award's committee. Tutu was the first South African to receive the award since Albert Luthuli in 1960. His receipt of the Nobel Peace Prize transformed South Africa's anti-apartheid movement into a truly international force with deep sympathies all across the globe. The award also elevated Tutu to the status of a renowned world leader whose words immediately brought attention.

Tutu and Nelson Mandela

In 1985, Tutu was appointed the Bishop of Johannesburg, and a year later he became the first Black person to hold the highest position in the South African Anglican Church when he was chosen as the Archbishop of Cape Town. In 1987, he was also named the president of the All Africa Conference of Churches, a position he held until 1997. In no small part due to Tutu's eloquent advocacy and brave leadership, in 1993, South African apartheid finally came to an end, and in 1994, South Africans elected Nelson Mandela as their first Black president. The honor of introducing the new president to the nation fell to the archbishop. President Mandela also appointed Tutu to head the Truth and Reconciliation Commission, tasked with investigating and reporting on the atrocities committed by both sides in the struggle over apartheid.

Continued Activism

Although he officially retired from public life in the late 1990s, Tutu continued to advocate for social justice and equality across the globe, specifically taking on issues like treatment for tuberculosis, HIV/AIDS prevention, climate change and the right for the terminally ill to die with dignity. In 2007, he joined The Elders, a group of seasoned world leaders including Kofi Annan, Mary Robinson, Jimmy Carter and others, who meet to discuss ways to promote human rights and world peace.

Desmond Tutu Books

Tutu also penned several books over the years, including *No Future Without Forgiveness* (1999), the children's title *God's Dream* (2008) and *The Book of Joy: Lasting Happiness in a Changing World* (2016), with the latter co-authored by the Dalai Lama.

Legacy

Tutu stood among the world's foremost human rights activists. Like Nelson Mandela, Mahatma Gandhi and Martin Luther King Jr., his teachings reached beyond the specific causes for which he advocated to speak for all oppressed peoples' struggles for equality and freedom. Perhaps what made Tutu so inspirational and universal a figure was his unshakable optimism in the face of overwhelming odds and his limitless faith in the ability of human beings to do good. "Despite all of the ghastliness in the world, human beings are made for goodness," he once said. "The ones that are held in high regard are not militarily powerful, nor even economically prosperous. They have a commitment to try and make the world a better place."

Personal Life

Tutu married Nomalizo Leah on July 2, 1955. They had four children and remained married until his death on December 26, 2021.

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WHO IS bell hooks?

Pathbreaking Black Feminist

She insisted that the fight for women's rights had to take into account the diverse experiences of working-class and Black women.

bell hooks, whose incisive, wide-ranging writing on gender and race helped push feminism beyond its white, middle-class worldview to include the voices of Black and working-class women, died on Wednesday [December 15] at her home in Berea, Ky. She was 69.

Her sister Gwenda Motley said the cause was end-stage renal failure.

Starting in 1981 with her book "Ain't I a Woman? Black Women and Feminism," Ms. hooks, who insisted on using all lowercase letters in her name, argued that feminism's claim to speak for all women had pushed the unique experiences of working-class and Black women to the margins.

"A devaluation of Black womanhood occurred as a result of the sexual exploitation of Black women during slavery that has not altered in the course of hundreds of years," she wrote.

If that seems like conventional wisdom today, that is in large part because of the enormous impact Ms. hooks had on both feminism and Black women, many of whom had resisted aligning with a movement they felt was designed to diminish their experiences.

"I think of bell hooks as being pivotal to an entire generation of Black feminists who saw that for the first time they had license to call themselves Black feminists," Kimberlé Crenshaw, a law professor at Columbia, said in an interview. "She was utterly courageous in terms of putting on paper thoughts that many of us might have had in private."

Womanhood, Ms. hooks said, could not be reduced to a singular experience, but had to be considered within a framework encompassing race and class. She called for a new form of feminism, one that recognized differences and inequalities among women as a way of creating a new, more inclusive movement — one that, she later said, had largely been achieved.

She applied a similar, and equally trenchant, criticism to Black antiracism, which she said was often grounded in a patriarchal worldview that excluded the experiences of Black women. But she also recognized, in books like "We Real Cool: Black Men and Masculinity" (2004), that such a worldview resulted from centuries of oppression and exclusion of Black men.

Ms. hooks resisted the title "public intellectual," but by the 2000s she had achieved celebrity status. Her books, written in a flowing, jargon-free style, were required reading across a wide range of college courses. She appeared onstage with the actress Laverne Cox and activists like Janet Mock, and on the bookstand of the model and actress Emily Ratajkowski, who cited Ms. hooks as inspiration while writing her recent essay collection, "My Body" (2021). Part of Ms. hooks's appeal was the sheer diversity of her interests. Her work, across some 30 books, encompassed literary criticism, children's fiction, self-help, memoir and poetry, and it tackled not just subjects like education, capitalism and American history but also love and friendship.

In "Teaching to Transgress: Education as the Practice of Freedom" (1994), she argued that the American education system had been constructed to quell dissent and shape young people into productive workers — and that it was therefore up to teachers to push against the grain by showing students how to use knowledge to resist.

She did just that in her own classes, instructing her students to see critical thinking and reading as liberating acts. "She was a foundational influence on how I understood the possibility of my becoming a writer," Min Jin Lee, the author of the novel "Pachinko," who took two classes with Ms. hooks at Yale, said in an interview. "She taught me how to read. But more than that, she taught me how to read as a global person."

bell hooks was the pen name of Gloria Jean Watkins, who was born on Sept. 25, 1952, in Hopkinsville, Ky., a small city in the southwestern part of the state not far from the Tennessee border.

Though her childhood in the semirural South exposed her to vicious examples of white supremacy, her tight-knit Black community in Hopkinsville showed her the possibility of resistance from the margins, of finding community

WHO IS bell hooks?

among the oppressed and drawing power from those connections — a theme to which she would return frequently in her work.

Her father, Veodis Watkins, was a postal worker, and her mother, Rosa Bell (Oldham) Watkins, was a homemaker. Along with her sister Ms. Motley, Ms. hooks is survived by three other sisters, Sarah Chambers, Valeria Watkins and Angela Malone, and her brother, Kenneth.

Her early education took place in segregated schools, though she moved to white-majority schools once the state integrated its education system — an experience in navigating complex racial and gender hierarchies that she later drew on in her memoir, "Bone Black: Memories of Girlhood" (1996).

She was an avid reader, vacuuming up books and reading long past her bedtime. She dreamed of becoming an architect, and of leaving small-town Kentucky behind.

"Gloria learned to read and write at an early age and even proclaimed she would be famous one day," her sisters said in a statement released after her death. "Every night we would try to sleep, but the sounds of her writing or page turning caused us to yell down to Mom to make her turn the light off."

Ms. hooks began her climb at Stanford University, from which she graduated in 1974 with a degree in English literature. While still an undergraduate, she began writing "Ain't I a Woman," its title borrowed from a speech by the Black abolitionist Sojourner Truth.

She received a master's degree in English from the University of Wisconsin in 1976 and a doctorate in literature from the University of California, Santa Cruz, in 1983, with a dissertation on Toni Morrison.

Her first book was a collection of poems, "And There We Wept," which was published in 1978 while she was teaching at the University of Southern California. It was the first time she used the pen name bell hooks — in homage to her maternal great-grandmother, Bell Blair Hooks, to whom she was often compared as a child. She insisted on rendering it in lowercase letters to emphasize, she often said, the "substance of books, not who I am."

After teaching at a number of institutions, including Yale, Oberlin and the City College of New York, she returned to Kentucky in 2004 to take up a teaching position at Berea College. A decade later the college created the bell hooks Institute as a center for her writing and teaching.

By the 2010s she had entered semiretirement and was spending her days writing, meditating and visiting with her neighbors in Berea, an intellectually vibrant town in the foothills of the Appalachians.

"I loved how open her table always was with such hard conversations, mediated by her incredible balance of encouraging patience and absolute honesty," the novelist Silas House, a friend and Berea instructor, said in an email.

Especially in her later work, Ms. hooks emphasized the importance of community and of healing as the end goal of movements like feminism and antiracism. Some criticized this position as papering over deep social divisions.

But Ms. hooks, who described herself as a "Buddhist Christian" and spoke often of her friendship with the Buddhist monk Thich Nhat Hanh, insisted that love was the only way to overcome what she called the "imperialist white supremacy capitalist patriarchy."

"I believe wholeheartedly that the only way out of domination is love," she told the philosopher George Yancy in an interview for The New York Times in 2015, "and the only way into really being able to connect with others, and to know how to be, is to be participating in every aspect of your life as a sacrament of love."

From The New York Times article, by Clay Risen, December 15, 2021

About the Artist (Back Cover) Nikkolas Smith, a native of Houston, Texas, is a Master of Architecture recipient from Hampton University. As an illustrator of color, Nikkolas is focused on creating captivating art that can spark important conversations in today's world and inspire meaningful change. Many of his viral and globally published sketches are included in his latest book Sunday Sketch: The Art of Nikkolas, a visual journey on life and a collection of more than 100 sketches he has done in the last five years.

SERMON NOTES	

TODAY'S ANNOUNCEMENTS

Virtual Sunday School at 1:00 p.m. This time was selected to provide sufficient time for Sunday School participants who also attend in-person worship to return home and get settled before Sunday School starts. We will be using the same Zoom information as before and will continue at the 1:00 p.m. time for the foreseeable future. We look forward joyfully to your participation! In Faith, Sunday School Team

Weekly Intercessory Prayer - All SBC members and friends are invited to participate in a virtual time of prayer on Wednesdays at 6:00 p.m. The Zoom link will be shared via email. To join by phone, call (312) 626-6799. The meeting ID: 868 5662 9323.

Thursday Bible Study is held via conference call from 11:15 a.m. to 12:45 p.m. The call in number is (267) 930-4000, and the access code is 700-706-091#. Please contact Deacon C. Louise Brown at (847) 864-1506 if you have any questions.

Join Lighthouse Young Adult Ministry every 1st and 3rd Friday for an exciting evening of fellowship, biblical study, practical life application, discussion and reflection with fellow young adults ages 18 to 35. Contact D.I.T. Alexx Brown at youngadults@sbcevanston.org for more information

Join Children, Youth and Teens (CYT) for Ujana Kanisha, Youth Church, at 11:00 a.m. on the 2nd, 3rd, and 5th Sundays. We have sessions for ages 6-11 and ages 12-17. For the Zoom link, email youthchurch@sbcevanston.org. And don't forget to register, so we can keep you updated on CYT activities!

Membership updates - Please update your information with the church office if you have: moved, changed your name, emergency contact information, email address or telephone number and the like. Call the church office at (847) 869-6955, ext. 102 or send an email to karendavis@secondbaptistevanston.org.

SBC HEALTH & WELLNESS JANUARY 2022 CORNER

Note to all readers: Please discuss any changes in your health or daily routine with your medical professional.

COVID has changed the way many of us welcome changes of season. However, some of us may need more assistance coping with seasonal change.

Seasonal Affective Disorder (also called: SAD, Seasonal depression, Seasonal mood disorder) is a type of depression that comes and goes with the seasons. It usually starts in the late fall and early winter and goes away during the spring and summer. Some people do have episodes of depression that start in the spring or summer, but that is a lot less common.

Symptoms of SAD may include:

- Sadness
- ☐ Gloomy outlook
- ☐ Feeling hopeless, worthless, and irritable
- ☐ Loss of interest or pleasure in activities you used to enjoy
- Low energy
- □ Difficulty sleeping or oversleeping
- ☐ Carbohydrate cravings and weight gain
- ☐ Thoughts of death or suicide

If you have thoughts of suicide, please contact National Suicide Prevention Lifeline at 1-800-273-8255.

SAD is more common in women, young people, and those who live far from the equator. You are also more likely to have SAD if you or your family members have depression. The exact causes of SAD are unknown.

The main treatment for SAD is light therapy. The idea behind light therapy is to replace the sunshine that you miss during the fall and winter months.

Call SAMHSA's National Helpline at 1-800-662-4357 (English or Spanish) for assistance in locating treatment if you do not have a mental health professional.

The primary NIH organization for research on Seasonal Affective Disorder is the National Institute of Mental Health. Please visit: med-lineplus.gov/seasonalaffectivedisorder.html for more information on SAD

The MedlinePlus website links to health information from the National Institutes of Health and other federal government agencies.

STANDING FIRM IN OUR LABOR FOR THE LORD

Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain. (1 CORINTHIANS 15:58)

SAVE THE DATE: SUNDAY, MARCH 20, 2022

Please join the ushers of Second Baptist Church in celebration of their Annual Usher's Day.



Ladies Auxiliary of Second Baptist Church

• Want Ad - If you are a seasoned member of Second Baptist Church, then you probably have been at church the Sunday before Thanksgiving Day for the annual Ladies Auxiliary Bake Sale! That's when the hardworking women of the Ladies Auxiliary sashayed into the dining room with HOMEMADE desserts of every kind. Our ministry is to fundraise to provide scholarships for higher education. Over 300 college scholarships have been awarded! The Ladies Auxiliary is seeking new members to continue this legacy. You do not have to know how to bake; just a willing spirit and love for educating our children.

Our next virtual meeting is Monday, January 10, 2022.

Contact Deacon Sandy Blanchard at 847-609-5054 or any
Ladies Auxiliary member for information!

Hope to see you there!

• **New Beacon of Light Community Scholarship** - The Ladies Auxiliary of Second Baptist Church has created a new <u>Beacon of Light Community Scholarship</u> to assist deserving students be-



yond the walls of the church. This scholarship is open to any high school senior graduating in 2022 who resides in Evanston or Skokie and is not a member of Second Baptist Church. To qualify for the one-time \$1,000 award, applicants must complete an application, have performed at least 40 hours of community service (in the last four years), and compose an essay. The award can be used for any accredited college, university, or vocational school. The application can be found on our website (click on the Scholarship App tab). The deadline for online or mail-in submissions is January 30, 2022.

COMMUNITY NEWS (CONT'D)

COVID-19 Vaccination Updates – COVID-19 vaccines are safe, effective and free, and vaccination appointments are widely available. Visit vaccines.gov to make a vaccination appointment or call 1-800-232-0233.

Need a ride to get vaccinated? Cook County's "Destination: Vaccination" program provides free rides to many vaccination locations within suburban Cook County. The program will enable individuals with limited mobility or transportation issues to easily get vaccinated, removing a key barrier for many. Just call **833-308-1988** to schedule your ride.

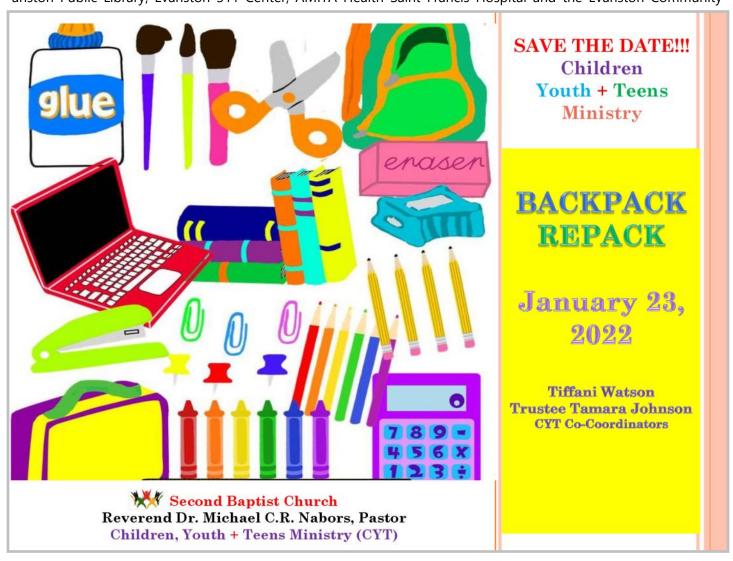
Want your booster dose from the City of Evanston? Click below to complete the Vaccine Booster Survey to be notified of upcoming vaccination events. At this time, the City is only offering booster doses of the Moderna and Johnson & Johnson vaccines.

The Illinois Rental Payment Program (ILRPP) is now open. The ILRPP is an emergency rental assistance program that will help tenants in Illinois who are unable to pay rent due to a COVID-19 related income loss. The online application portal is open through January 9, 2022.

You may be eligible for rental assistance for up to 18 months of total assistance. This includes three months of future rent. The online application can be started by the landlord or tenant. For more information, please visit www.ihda.org/about-ihda/illinois-rental-payment-program/.

Get help paying your gas and electric bills - If your gas and electric bills are piling up, the Low Income Home Energy Assistance Program (LIHEAP) may be able to help. Learn how to apply for the program and more.

The Evanston Care Network is a free online platform created by the City of Evanston, in partnership with the Evanston Public Library, Evanston 311 Center, AMITA Health Saint Francis Hospital and the Evanston Community



COMMUNITY NEWS (CONT'D)

Foundation, that allows residents to search for free and low-cost local services including childcare, unemployment, jobs, housing, and more!

The Greater Chicago Food Depository's Producemobile will be at the Levy Center, 300 Dodge Ave., the 2nd Tuesday of the month. The next date is January 11, from 9:30 – 11:30 a.m. The Producemobile distributes free fresh fruits and vegetables on a first-come, first-served basis to residents of Cook County. The program is co-sponsored by Interfaith Action of Evanston and the City of Evanston.

Mental Health Is Essential – For almost 10 years, the Evanston Health and Human Services Department has partnered with AMITA Health to provide free mental health crisis intervention, mental health care, short-term counseling and triage for Evanston residents. AMITA Health also provides a 24-hour mental health crisis assistance line at 708-681-4357. For more information please contact Cindy Solorzano-Castro at 847-316-3703 or via email.

The Evanston Public Library also has a full-time social worker (Tabitha) on staff to help you navigate mental health resources. She is available to talk at 847-448-8659 or in person at the Evanston Public Library's downtown location:

- Monday, Wednesday or Friday (10:00 a.m. 6:00 p.m.)
- Tuesday (11:00 a.m. 7:00 p.m.)
- Thursday (Remotely from 9:00 a.m. 5:00 p.m.)

Get assistance with mortgage and rent payments - Have you been affected financially by COVID-19? Apply for the City of Evanston's Mortgage and Rental Assistance program by contacting the Entry Point Call Center at 877-426-6515, Connections for the Homeless Prevention at 847-475-7070 ext.134, or send an email to prevention@connect2home.org.

Small business owners: Get free marketing assistance! Form & Function Marketing is a student group at Northwestern dedicated to helping local businesses and organizations with their marketing efforts by providing free marketing services and expertise. Interested in working with Form & Function? Email didijin@u.northwestern.edu.

Need assistance paying your water bill?

Two new programs are available to assist income-eligible households with their water and sewer bills.

- <u>City of Evanston Affordable Rate Program</u> Do you participate in the Low Income Home Energy Assistance Program (LIHEAP)? If so, you qualify for a reduced City of Evanston water and sewer rate as part of the City's new Affordable Water/Sewer Rate Program.
- <u>Illinois Low-Income Household Water Assistance Program</u> Households may also qualify for the Illinois Low-Income Household Water Assistance Program (LIHWAP), which provides one-time payments of up to \$1,500 to assist with water and wastewater bills.

Get help paying your gas and electric bills - If your gas and electric bills are piling up, the Low Income Home Energy Assistance Program (LIHEAP) may be able to help. Learn how to apply and more.

Village of Skokie Food Resources – Please visit the Village website for information about food resources in your area.

Yoga - If you have not done so, please subscribe to TheJoyYoga.com. Join me for 10 minute Tuesdays Mindfulness and Meditation on the Clubhouse App at 9:15 a.m. Come early for the conversation. Yoga not only helps improve your body, but also helps with mindfulness and meditation. It is important to take a break from daily life in order to focus on yourself and get clarity. www.TheJoyYoga.com

Did you know I'm offering professional development training for educators, administrators, and school districts in social emotional learning (SEL)? For more info, reach out to info@thejoyyoga.com. You can register for classes and stay up to date on special offerings. All classes are \$10 and can be paid via Zelle and PayPal to gailjoy@sbcglobal.net Cash App \$Hutch8. Namaste, Gail Certified Yoga Instructor E-RYT® 200, RYT® 500 E-RYT® YACEP®



Happy Birthday! Birthdays in the Month of January



1/1 Minister Bernard Little

1/1 Ms. Ariel Reid

1/2 Ms. Suanne Rayner

1/2 Mr. Nathan Reed

1/5 Mr. Gregory L. Calloway

1/5 Dr. Henry Perkins 1/6 Trustee William R. Jackson

1/6 Mr. Toussaint Massey

1/7 Mrs. Gwendolyn Burton Poole

1/7 Mr. Jerry Williams

1/7 Ms. Barbara N. Winston

1/10 Ms Asia Lasley

1/10 Mrs. Margaret Massey

1/11 Mrs. Lillian I. Curry

1/11 Trustee Yvonne Davis

1/11 Ms. Doretha McLin

1/11 Ms. Addie Scott

1/12 Ms. Renaye A. Barnes

1/12 Ms. Tiffany Bell

1/12 Mrs. Udola E. Campbell

1/12 Trustee Martha Edwards

1/12 Mr. Charles Toney Jones

1/12 Mr. Kehmar Shaw

1/13 Ms. Rhonda K. Craven

1/13 Mr. Jon Degroat

1/14 Mrs. Pamela T. Branch

1/14 Mrs. Bobbie Conrad

1/14 Ms. Cynthia Head

1/14 Mr. Nimrod Hilliard

1/14 Ms. Lisa Brown Hilton

1/15 Ms. Carolyn Murphy

1/16 Miss Kaiyah Langley

1/17 Ms. Chelsey Ransom

1/19 Ms. Patricia Hunt

1/19 Mr. Antonio Mosley

1/20 Ms. Bettye Edmonds

1/20 Mrs. Mary Mallard

1/21 Ms. Selina Hilliard

1/21 Mr. Clark Williams

1/22 Mrs. Djuna L. Henning

1/23 Mr. Kevin Lee

1/24 Mrs. Lorraine Donaldson

1/24 Mrs. Paige McPherrin

1/26 Ms. Vickie D. Daugherty

1/27 Mrs. Jolie Fleming

1/27 Mrs. Stephanie Hickman

1/27 Ms. Sylvia Spivey

1/29 Dr. Helen Hudgens

1/30 Mrs. Mamie Redus

CONNECT WITH SECOND

SECOND BAPTIST CHURCH

1717 Benson Avenue | Evanston, IL 60201 p 847 869 6955 | f 847 869 6599 www.secondbaptistevanston.org

BUSINESS OFFICE

Monday - Friday (9:00 a.m. – 5:00 p.m.)

LIVESTREAM: live.secondbaptistevanston.org



www.facebook.com/SBCEvanston/ @SBCEvanston

WIFI Access: 2ndBaptist-Guest Password: 2BCEGuest









ONLINE GIVING

www.secondbaptistevanston.org/giving [+]







- or -Vanco Mobile App

- or -Text Gift Amount to (847) 696-8797

OPPORTUNITIES FOR SPIRITUAL GROWTH

Daily Prayer - 6:00 a.m. Dial: 267-930-4000; Access Code: 700-706-091#

Sunday Worship

9:30 a.m.

*Adult Sunday School - 1:00 p.m. Join by phone: (312) 626-6799 Meeting ID: 881 6649 4615

SBC Virtual Youth/Teen Church - 11 a.m.

(2nd, 3rd & 5th Sundays)

Email: youthchurch@sbcevanston.org

for the Zoom link

*New Members Orientation

Scheduled as needed.

*Wednesday Evening Prayer 6:00 p.m. Join by phone: (312) 626-6799. Meeting ID: 868 5662 9323

> **Weekly Bible Study** Thursday - 11 a.m.

Young Adult (18 –35) Bible Study

1st & 3rd Fridays - 6:30 p.m. Email: youngadults@sbcevanston.org for connection information

*For all Zoom Links please see the Communique.

Calendar January 2022 Prayer

Vision: "A Beacor	Vision: "A Beacon of Light: A Christ-centered church celebrating faith, freedom, fellowship, stewardship and the social responsibility of caring for souls." Wednesday Thursday Friday Satura	Tuesday	Wednesday	Thursday	Friday	Saturday	
Cummo	, manata	, ancon t	, and a	Angrair	Ann I	Jacon can	
	Annu. Anointe	Annual Church Theme and Scripture Anointed for Restoration and Renewal	ie and Scriptur Lion and Rene	e ! <i>wal</i>		Psalm 20:1-4	
					Isaiah 6:1-11	Luke 2.0-14	
2	3	4	5	9	7	8	
Called for Such a Time as This Isaiah 6:1-8	Jeremiah 1:4-8 Matthew 11:28-30	Genesis 7:1 2 Corinthians 5:20-21	Genesis 12:1-4 Revelation 3:20-22	Epiphany Isaiah 60:1-3 Matthew 2:1-2, 7-12	Isaiah 1:18-20 Acts 26:15-18	Hosea 6:1-3 1 Timothy 1:15-17	
6	10	11	12	13	14	15	
The Work We Are Called to Do Isaiah 6:9-10	Haggai 2:4-5 Luke 6:27-31	Zechariah 9:1-10 1 Thessalonians 1:2-3	Exodus 23:25-26 John 7:37-39	Deuteronomy 10:12-13 2 Corinthians 4:4-6	Psalm 34:11-14 John 16:12-15	Psalm 37:1-4 Revelation 3:7-8	
16	17	18	19	20	21	22	
When Times Get Tough, Really Tough Isaiah 6:11-13	MLK Day 2 Chronicles 19:8-10 Matthew 10:17:20	Joshua 24:14-15 Matthew 24:36-39	1 Kings 18:20-21 Matthew 16:24-26	1 Kings 18:36-39 Acts 10:29-43	Ezekiel 33:7-9 2 Corinthians 5:7-10	Micah 4:1-3 Jude 17-21	
23	24	25	26	27	28	29	
The God of Justice Isaiah 42:1-9	Deuteronomy 32:3-4 John 5:24-30	Psalm 103:8-12 Romans 2:1-4	Proverbs 21:2-3 Romans 13:5-7	Zephaniah 3:1-5 Acts 10:34-35	Psalm 82:2-4 Romans 10:12-13	Isaiah 56:1-2 Colossians 3:21-25	
30	31						
A Brand New Me 2 Corinthians 5:11-17	Psalm 40:1-3 Romans 12:2	"But those who ho, eagles; they will ru	pe in the Lord will , in and not grow we	"But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint." Isaiah 40:31	h. They will soar and not be faint.	on wings like " Isaiah 40:31 (NIV)	
	Mission: "The Spirit of the Lord has and work co		o care for souls; experier to accomplish much to t	anointed us to care for souls; experience the joy of celebrating God's goodness; llaboratively to accomplish much to the glory of God."	God's goodness;		

In Memory of bell hook a Pathbreaking Black Feminist

